



DME/Prosthetic/Orthotic Supplies (DMEPOS) Prior Authorization Requirements

Effective October 1, 2011

Health First Health Plans (HFHP) is continually looking for ways to improve the experience of our members and providers, and we are pleased to inform you that we have streamlined access to medically necessary DME, Prosthetic, and Orthotic Supplies by revising our prior authorization requirements. Changes are reflected on the *Authorization List Code Reference Document* located at www.healthfirsthealthplans.org, and are summarized for your reference below.

DMEPOS Authorization Requirements:

Durable Medical Equipment:

No change. See **Authorization List** for items that require prior authorization.

Crutches and casts may be provided by approved* locations as needed.

External Prosthetic Devices:

No change. All covered external prosthetic devices require prior authorization.

Orthotic Devices (orthopedic appliances such as splints, braces, and footwear):

*Prior authorization was previously required for all orthotics, with certain exceptions.
Effective 10/1/11, prior authorization is only required as follows:*

Contracted suppliers and approved locations*

Prior authorization is required for certain custom, high-dollar, and other devices specified in the **Authorization List Code-Reference Document**.

Prior authorization is NOT required for other covered items. (Non-covered items, such as those used for sports do not require authorization.)

Non-contracted suppliers and non-approved locations*

Prior authorization is required for all covered orthotics obtained from non-contracted suppliers.

Prior authorization is required for all covered orthotics when dispensed and billed by non-approved* physician offices.

Important Note: To be eligible for payment, the most cost-effective medically-necessary item must be prescribed or dispensed, and must be provided as permitted by applicable licensure requirements and Stark self-referral laws. HFHP reserves the right to conduct post-payment reviews and adjust payment for items that do not meet related requirements. Please contact us if you have questions about the appropriateness of any item.

HFHP Customer Service can be reached at (321) 434-5665 any day of the week from 8 am to 8 pm.

* Approved locations include Emergency Departments, Urgent Care Clinics, Outpatient Rehabilitation Facilities, Large Group Practice Offices, and Physician Offices with the following specialties: Primary Care, Podiatry, Orthopedics, Pain Management, Physical Medicine & Rehab, Rheumatology, Surgery. All other Physician Offices are considered "non-approved".